

Whole Person Health

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NCCIH's new Strategic Plan focuses on whole person health, or empowering individuals, families, communities and populations to improve their health in multiple interconnected domains: biological, behavioral, social and environmental. Whole person health emphasizes the relationships between these various domains, as well as the bi-directional nature of the health-disease continuum. This presentation will discuss some of the positive factors that promote and restore health, and how these can potentially mitigate the negative factors that undermine it, pointing out gaps in knowledge and opportunities for trans-IC collaboration.